

# **SOPHIA COLLEGE (AUTONOMOUS), AJMER**



**Department of Sociology**

**2025-26**

## Activity 1



# Sophia College (Autonomous), Ajmer

**Department of Sociology**

is organizing a

Field trip to

**AKSHAYA**  
**PĀTRA**



*Unlimited food for education*

**Date: 9<sup>th</sup> October 2025, Thursday**

**Time: 11: 00 AM**

**Venue : Akshaypatra Foundation,  
Topdara, Ajmer**

For any further query  
Contact: Department of  
Sociology

## Report on Field visit to Akshaypatra foundation

**Name of the event:** Akshaypatra foundation and Mahatma Gandhi Upper Primary School field visit

**Date:** 27 February 2026

**Organized by:** Department of Sociology

**Venue:** Akshaya patra Foundation & MG School Topdara, Ajmer

**No. of participants:** 30

The Sociology Department organized a field visit to Akshaya Patra on 9th October 2025 to gain practical insight into the Mid-Day Meal Scheme, a government-sponsored initiative. The organization is situated in a peaceful and secure environment, surrounded by greenery. During the visit, the students were taken to their central kitchen facility, where meals are prepared for school children. The area was notably clean and well-maintained, and the staff demonstrated high levels of expertise and efficiency in their respective roles. A strong system of quality control was evident, ensuring that operations were carried out without any compromise on standards. Following this, the students visited Government run Mahatma Gandhi upper primary school to observe the distribution process of meals among the students. Based on the overall experience, students were later assigned to reflect and write key takeaways from the visit as part of their academic learning.



## Activity 2



SOPHIA COLLEGE (AUTONOMOUS)

AJMER

DEPARTMENT OF SOCIOLOGY



# Field Exploration Of Rural Lifestyle

**LOCATION - KANWALIYAN KALAN, JAITARAN TEHSIL, PALI DISTRICT,  
RAJASTHAN**

### OBJECTIVE OF THIS TRIP-

- RURAL SOCIOLOGY HELPS US UNDERSTAND HOW THE MAJORITY OF INDIANS LIVE IN VILLAGES.
- FUNCTIONING OF THE GRAM PANCHAYAT: ROLE AND RESPONSIBILITIES OF THE VILLAGE SARPANCH
- IMPLEMENTATION AND EFFECTIVENESS OF GOVERNMENT SCHEMES AND GAPS BETWEEN POLICY AND PRACTICE.
- AGRICULTURAL PRACTICES AND RURAL ECONOMY. FOLK CULTURE: SONGS, DANCES, FOOD HABITS, ORNAMENTS, ATTIRE. LOCAL CRAFTS AND OCCUPATIONS SUCH AS CARPENTRY, POTTERY, AND WEAVING.
- RURAL RECREATION AND GAMES LIKE CHIRMIYA, SATHOLIYA, GADAA, ETC.

DATE: 19-20 DECEMBER 2025

### PLACES TO VISIT

- VISIT TO MAND (LOCAL TEMPLE), KANWALIYA KALAN
- EXCURSION TO KHEJARLA FORT
- HALT AT KANWALIYA KALAN POND
- VISIT TO R.G. CHARITABLE TRUST (NGO), JAITARAN
- VISIT TO BHANWAL MATA TEMPLE
- EXPLORATION OF LAMBIYA FORT AND LAKE
- CULTURAL VISIT TO MEERA BAI TEMPLE AND MERTA FORT
- MAGARMANDI MATA JI MANDIR NIMAJ
- NIMAJ, GIRI SUMEL WAR MEMORIAL

### BY THE END OF THIS PROGRAM, YOU WILL BE ABLE TO:

- UNDERSTAND THE COMPLEX SOCIAL STRUCTURE AND DYNAMICS OF A RURAL SYSTEM THROUGH PRACTICAL APPLICATION.
- ANALYZE THE INTERRELATED ADMINISTRATIVE, ECONOMIC, AND CULTURAL FACTORS SHAPING VILLAGE LIFE.
- DEMONSTRATE ENHANCED SKILLS IN SYSTEMATIC OBSERVATION AND CRITICAL ANALYSIS OF FIELD DATA.
- APPLY CLASSROOM THEORY TO REAL-WORLD SCENARIOS THROUGH VALUABLE EXPERIENTIAL LEARNING.

## **Report on village excursion to Kawalian Kalan**

**Name of the event:** Village excursion

**Date:** 19-20December, 2025

**Organized by:** Department of Sociology

**Venue:** Village Kanwaliyan Kalan, District Pali


**No.ofparticipants:**11+1

The Department of Sociology, Sophia College, Ajmer organized an educational field trip from 19 December 2025 to 20 December 2025 for the students with the aim of providing practical exposure to sociological concepts. The field trip covered Kanwaliyan Kalan village, Khejarla Fort, Bhanwal Mata Temple, Meera Bai Temple, and Giri Sumel War Memorial. The primary objective of the field trip was to understand the complex social structure and dynamics of the rural system through practical application. The visit to Kanwaliyan Kalan village proved to be highly informative for the students. They observed the functioning of the Gram Panchayat and learned about its role in village administration and development. Students gained valuable knowledge about the roles and responsibilities of the village Sarpanch in addressing local issues and implementing welfare programs.

A significant highlight of the visit was the opportunity for students to meet the Up-Sarpanch of the village. During the interaction, students were informed about various government schemes related to education, health, employment, and rural development. This interaction helped students connect theoretical knowledge with real-life administrative practices. The visits to historical and cultural sites such as Khejarla Fort, Bhanwal Mata Temple, Meera Bai Temple, and Giro Sumel War Memorial enriched the students' understanding of regional history, culture, and social heritage. In conclusion, the field trip was educational and enriching. It enhanced students' understanding of rural social systems and strengthened their interest in sociological studies through experiential learning.



# Activity 3




## LOK UTSAV 2026

Featuring folk musicians of Rajasthan since 1984

### LECTURE DEMONSTRATION Carnatic Tradition in Music

A special lecture-demonstration on Carnatic music by Sangeetha Sivakumar and Sumana Chandrashekar exploring the depth and nuance of the tradition through performance and dialogue. An immersive session unpacking raga, sahitya, and improvisation in the rich landscape of South Indian classical music.




Sumana Chandrashekar (Ghatam)      Sangeetha Sivakumar (Carnatic vocal)  
Haritha N (Violin)                      Aswini S (Mridangam)

27th February, 2:30 pm–4 pm  
Sophia College Auditorium, Ajmer

FREE ENTRY


Organised by Barefoot College in collaboration with Khamayati, School for Democracy and Amanat.



## LOK UTSAV 2026

Featuring folk musicians of Rajasthan since 1984

### WOMEN IN THE MUSICAL TRADITION



Ashwini S ( Mridangam )                      Anita ( Folk Vocal )                      Haritha N ( Violin )  
Maangi Bai (Maand , Vocal )              Manbhar ( Folk Vocal )                  Hanifa Bai ( Maand , Vocal )  
Sumana Chandrashekar ( Ghatam )      Kutla Khan ( Dholak )                  Dariya Bai ( Manganiar , Vocal )  
Sangeetha Sivakumar ( Carnatic Vocal )                      Ghewar Khan Manganiar ( Kamaicha )

27th February, 5.30 pm–7 pm,  
Sophia College Auditorium, Ajmer

FREE ENTRY

Organised by Barefoot College in collaboration with Khamayati, School for Democracy and Amanat.

## **Report on Lecture–Demonstration on Carnatic Music & Evening Concert: Women in the Musical Tradition:**

**Name of the event:** Lok Utsav 2026

**Date:** 27 February 2026

**Organized by:** Barefoot College in collaboration with Khamayati, School for Democracy, and Amanat, with active assistance from the **Department of Sociology**, Sophia College (Autonomous), Ajmer.

**Venue:** Sophia College Auditorium

**No. of participants:** 153 and approx 300 respectively

**Lecture Demonstration on Carnatic Music:** A lecture–demonstration on the Carnatic musical tradition was organized for students of Sophia College (Autonomous), Ajmer from 2:30pm to 4:00pm. Approximately 150 students attended the session, making it an enriching academic and cultural experience.

The session was led by noted Carnatic vocalist Sangeetha Sivakumar, accompanied by Sumana Chandrashekar, Haritha N, and Aswini S. Through a combination of explanation and performance, the artists introduced students to the key elements of Carnatic music.

The lecture explored the structure and aesthetics of Carnatic music, including raga, sahitya (lyrics), and improvisational techniques. Demonstrations of melodic improvisation and rhythmic accompaniment allowed students to understand how vocal music interacts with instruments such as the violin, mridangam, and ghatam. The performers also discussed the cultural history and philosophical depth of the tradition. Students actively engaged with the performers through questions and discussions, making the session highly interactive. The event successfully introduced many students—particularly those unfamiliar with South Indian classical music—to the complexity and beauty of Carnatic musical traditions.

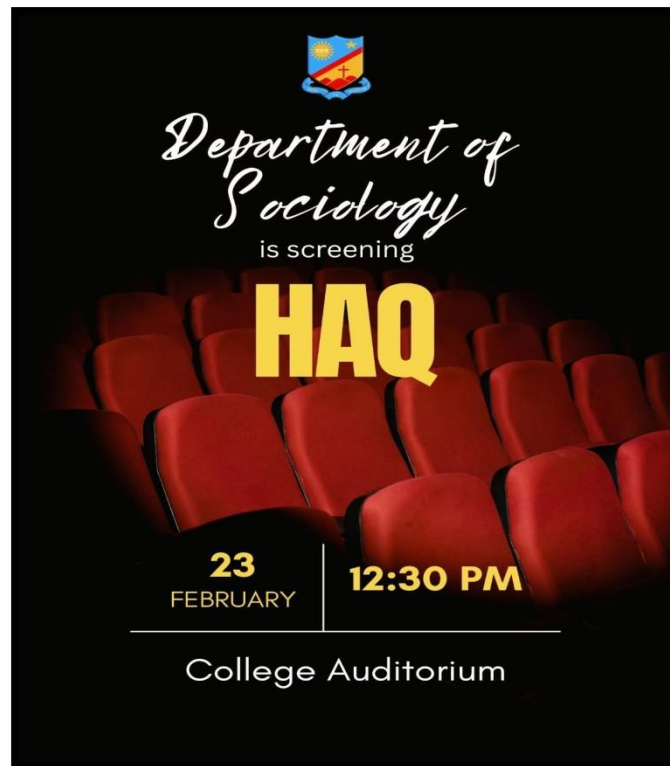
**Evening Concert: Women in the Musical Tradition:** The second event of the day was an evening concert titled “Women in the Musical Tradition”. The program was open to the public and witnessed an enthusiastic audience of approximately 300 people, including students, faculty members, and music enthusiasts from Ajmer.

The concert brought together artists from both classical and folk traditions, highlighting the contribution of women in musical heritage. Performances featured artists from the Carnatic tradition alongside singers and instrumentalists from the rich folk traditions of Rajasthan. The program included performances by the aforementioned Carnatic musicians, along with folk performers such as Maangi Bai, Kutla Khan, Hanifa Bai, Dariya Bai, and Ghewar Khan Manganiar, who presented traditional Maand and Manganiar musical styles. The fusion of classical and folk elements created a vibrant musical dialogue reflecting the diversity of Indian musical traditions.

The performances were warmly received by the audience, who appreciated both the artistic excellence and the cultural significance of the event. The concert also highlighted the important role of women performers in sustaining and transmitting musical heritage across generations.



## Activity 4



**Name of the event:** Movie Screening– Haq

**Date:** 23 February 2026

**Time:** 12.30 pm

**Organized by:** Department of Sociology, Sophia College (Autonomous), Ajmer

**Venue:** Sophia College Auditorium

**No. of participants:** 109 students

**Report:** Movie Screening and Academic Engagement

A movie screening of Haq, based on the issue of triple talaq, was organized for the students of Sociology from 12.30 PM onwards in the college auditorium. The event aimed to create awareness and generate critical understanding of gender justice, personal laws, and women's rights within the Indian socio-cultural context. The movie explores the lived experiences of women affected by the practice of instant triple talaq. Through its narrative, it highlights the emotional, social, and legal challenges faced by women, while also questioning patriarchal interpretations of religious laws.

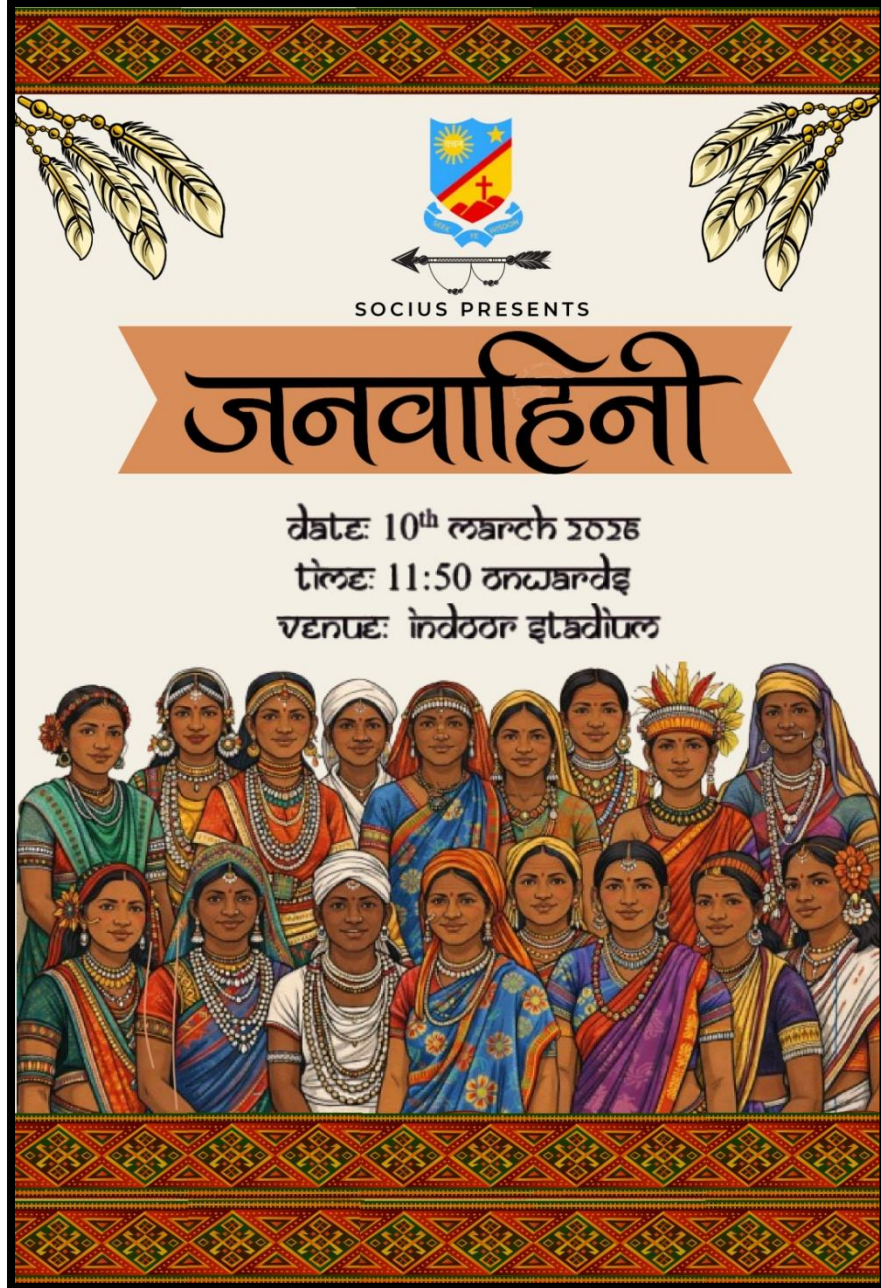
The screening provided students with a visual and experiential understanding of the intersection between religion, law, and gender. It also reflected upon the broader implications of the Triple Talaq (Instant Divorce)

Debate in India and its eventual criminalization, encouraging students to critically examine issues of social justice, minority rights, and state intervention.

Students actively engaged with the content and the event proved to be an enriching academic exercise, enabling students to bridge theoretical knowledge with real-life social issues. It also fostered critical thinking and sensitization towards marginalized voices, particularly women affected by discriminatory practices.



## Activity 5



### Report on Janvahini 2026- the Sociology carnival

**Name of the event:** Janvahini 2026

**Date:** 10<sup>th</sup> March 2026

**Organized by:** Department of Sociology

**Venue:** Fortunatus Indoor stadium

**No. Of participants:** 132

The Department of Sociology organized Janvahini2026, a vibrant carnival celebrating tribal culture, sociological awareness, and community engagement.

The event was inaugurated by Prof. Sr. Pearl, who formally opened the festival and encouraged students to engage meaningfully with issues related to indigenous communities and social diversity.

Janavahini 2026 was designed as an interactive festival where participants could experience tribal traditions through various cultural and educational activities. The carnival featured lively tribal dance performances and cultural fashion walk showcasing traditional tribal attire and ornaments. These performances celebrated the creativity and cultural richness of indigenous communities. Several interactive activities and games were also organized, including Puzzle Arena, Society Uncovered, Movie Guessing Challenge, and Dart Throw Challenge, which encouraged teamwork and critical thinking. A symbolic activity called Smash allowed participants to break cups representing social insecurities and societal barriers, conveying a powerful message about overcoming social stigma and prejudice. The carnival also included food and community stalls offering local flavors and showcasing tribal crafts and cultural expressions. An important highlight was Chhapekari, an initiative by the Abhichal Foundation, which promotes traditional block printing techniques while empowering women artisans through skill development and sustainable practices. Another attraction was Revivra, a thrift store initiative promoting sustainability, inclusion, and responsible fashion choices.

Overall, Janavahini 2026 successfully created a platform for students to celebrate cultural diversity, reflect on social realities, and appreciate the heritage and resilience of tribal communities and exercise team building and co-operation. The festival combined learning with creativity and engagement, making it a memorable and meaningful event for all participants.



## छात्राओं ने स्टॉल्स लगाकर प्रदर्शित किया टैलेंट

सोफिया कॉलेज में जनवाहिनी उत्सव

कास/अजमेर। सोफिया कॉलेज के समाजशास्त्र विभाग के सोशिएस फोरम के तत्वाधान में जनवाहिनी उत्सव आयोजित किया गया। कार्यक्रम की थीम भारत की विभिन्न जनजातियां थी। उत्सव में छात्राओं ने विभिन्न गतिविधियों के माध्यम से स्टॉल्स लगाकर अपना टैलेंट प्रदर्शित किया। छात्राओं

ने विभिन्न प्रकार के सामाजिक मुद्दों के प्रति लोगों को जागरूक करने के प्रयास किए। छात्राओं ने विभिन्न राज्यों की जनजातियों के नृत्य प्रस्तुत किए। छात्राओं ने सांस्कृतिक वॉक से सभी को जनजातीय आभूषणों एवं वस्त्रों से अवगत कराया और दर्शकों का मन मोह लिया। प्राचार्य प्रोफेसर

सिस्टर पर्ल ने छात्राओं का मनोबल बढ़ाया। डॉ. गीतिका यादव ने आभार प्रकट किया। कार्यक्रम में डॉ. तन्मय शर्मा, मुस्कान शर्मा एवं दर्शना गहलोत सहित छात्रा कार्यकारिणी से करीना खिड़िया, सुदिता उपाध्याय, अनुशिया खंगारोत, ममता यादव एवं अन्य उपस्थित रहे।



## नृत्य, स्टॉल और सांस्कृतिक वॉक से छात्राओं ने दर्शकों का मन मोहा



अजमेर | शहर में सोफिया कॉलेज के समाजशास्त्र विभाग के सोशिएस फोरम की ओर से जनवाहिनी 2026 उत्सव संपन्न हुआ। इस कार्यक्रम की थीम भारत की विभिन्न जनजातियां थी। उत्सव में छात्राओं ने स्टॉल्स लगाकर अपने टैलेंट का प्रदर्शन किया। छात्राओं ने सामाजिक मुद्दों के प्रति लोगों को जागरूक करने के प्रयास किए। छात्राओं ने विभिन्न राज्यों की जनजातियों के नृत्य प्रस्तुत किए एवं एक सांस्कृतिक वॉक से सभी को जनजातीय आभूषणों एवं वस्त्रों से अवगत कराया। प्राचार्या प्रोफेसर सिस्टर पर्ल ने उत्सव का उद्घाटन किया। डॉ. गीतिका यादव ने सभी का अभिनंदन किया। डॉ. तन्मय शर्मा, मुस्कान शर्मा व दर्शना गहलोत उपस्थित रहे।

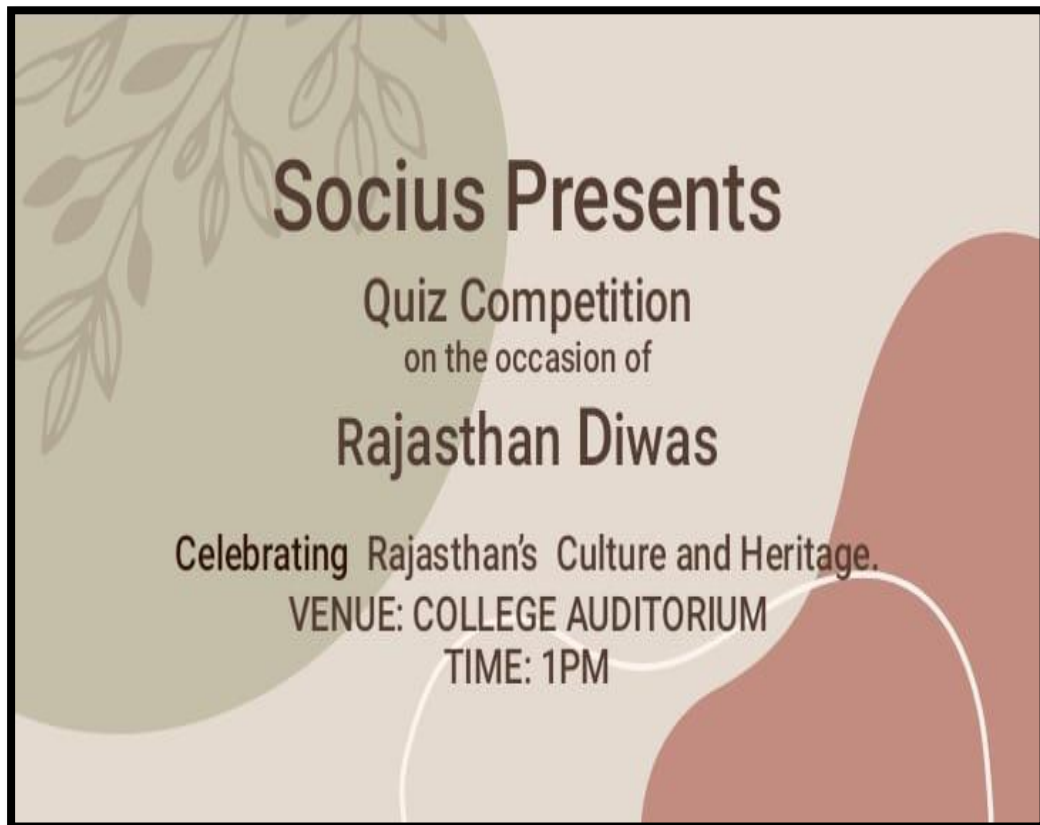
## जनवाहिनी उत्सव का आयोजन



अजमेर @ पत्रिका. सोफिया कॉलेज के समाजशास्त्र विभाग के सोशिएस फोरम के तत्वाधान में जनवाहिनी 2026 उत्सव का आयोजन किया गया। इसमें छात्राओं ने विभिन्न गतिविधियों के माध्यम से एवं स्टॉल्स लगाकर अपने टैलेंट का प्रदर्शन किया। छात्राओं ने विभिन्न राज्यों की जनजातियों के नृत्य प्रस्तुत

किए। सांस्कृतिक वॉक से जनजातीय आभूषणों एवं वस्त्रों की जानकारी दी। प्राचार्य प्रो. सिस्टर पर्ल ने उत्सव का उद्घाटन किया। डॉ. गीतिका यादव ने स्वागत किया। डॉ. तन्मय शर्मा, मुस्कान शर्मा एवं दर्शना गहलोत, करीना खिड़िया, सुदिता उपाध्याय, अनुशिया खंगारोत, ममता यादव ने सहयोग दिया।

## Activity 6



### **Report on Rajasthan Diwas Quiz competition**

**Activity:** Quiz competition on Rajasthan

**Organized by:** Department of Sociology

**Date:** 26<sup>th</sup> March 2026

**Venue:** College Auditorium

**No. Of participants:** 104

Socius- the Sociology Forum successfully organized a vibrant Quiz Competition on the occasion of Rajasthan Diwas to celebrate the rich culture and heritage of Rajasthan. The event was held on 26<sup>th</sup> March 2026 at the College Auditorium, commencing at 1:00 PM. The quiz focused on various aspects of Rajasthan's history, traditions, folk arts, festivals, and notable personalities, providing students an engaging platform to showcase their knowledge and deepen their appreciation for the state's legacy.

A total of 104 participants enthusiastically took part in the competition. Students came from diverse academic backgrounds, including faculties of Arts, Science, Commerce, Management, and Computer Science. This impressive participation highlighted the widespread interest in Rajasthan's cultural heritage across all streams and fostered healthy inter-faculty interaction. The quiz was conducted in a lively and competitive atmosphere, that tested both factual knowledge and quick thinking. The initiative by the Government of Rajasthan is highly

appreciated for promoting cultural awareness among students and making Rajasthan Diwas a memorable celebration amongst the youth.

